

# READINESS FOR FIRST COMMUNION

+ **How are we brought into the Family of God?** *By Baptism*

+ **What is the Mass? What happens at Mass?**

*(After discussion of the Mass, have your child complete the back of this sheet):*

*The Mass is a celebration to give thanks to God. Mass is the great thanksgiving prayer of the people of God. The word Eucharist means "thank you."*

*In Mass: 1) We come together as members of the one family of God. 2) We listen to God's Word in the Bible. We answer in song, prayer, and the creed (the words of our beliefs). 3) In the Eucharist, we share the special meal that Jesus gave us, when he gave us the gift of himself. This meal is also a sacrifice where we remember Jesus' dying and rising to new life. 4) We are sent out to the world to love and serve the Lord. We do this by loving and helping others.*

+ **What are the gifts that we offer at Mass?**

*Bread and wine. We also give food and money for the needs of the poor and the work of the Church. We offer ourselves to God.*

+ **How is Communion different than ordinary bread and wine?**

*The bread and wine given as gifts in Mass are changed to the Body and Blood of Jesus. In receiving Jesus in Holy Communion, we share in the very Life and Love of God.*

**Do you want to receive Jesus in Holy Communion?** \_\_\_\_\_

**Why?** \_\_\_\_\_

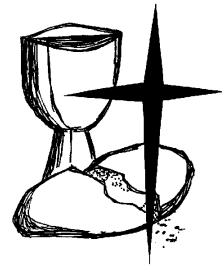
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\_\_\_\_\_  
*Child's Signature*



I recommend my child \_\_\_\_\_ for the reception of Holy Communion and in so doing I renew the promises I accepted for them in their baptism, to train them in the practice of the faith, by teaching them prayer, celebrating Sunday Mass, and bringing them up to keep God's commandments as Christ taught us, by loving God and our neighbor.

\_\_\_\_\_  
*Signature of parent or guardian*

\_\_\_\_\_  
*Date*

# THE MASS

Each of the pictures below show a part of the Mass. On the lines next to each of the pictures, write in your own words what is happening during this part of Mass.



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