## ALL FAMILIES MUST READ: LUNCH, SNACK & BIRTHDAY INFORMATION

Dear Parents.

With the start of a new school year, we are reminding families about our lunch and snack routines, and our birthday celebration policy, in our effort to keep St. Francis a safe environment for students with food allergies and other health concerns.

## NO PEANUTS OR TREE NUTS WILL BE ALLOWED IN OUR CLASSROOMS OR COMMON SPACES.

A tree nut is any nut other than a peanut. This includes cashews, almonds, macadamia nuts, pecans, walnuts, pralines, and many others. Coconut allergies are often times present with tree nut allergies. Please read labels carefully. Any product processed in a facility with nuts may contain traces of nuts. Please refer to the link below which includes a list of safe snacks.

## During lunch and snack times, grades prekindergarten – sixth grade will follow the same procedure:

- · Children, teachers, and lunch duty supervisors will do their best to review all food to determine if there are any peanut/tree nut products present.
- · Our lunch trainers will make lunch parents aware of these routines.
- · We ask that you help your child be aware of the items in his or her lunch.
- · Please label all non-nut butters, including WOW butter, as nut free.

## ST. FRANCIS DOES NOT PERMIT ANY FOOD-BASED BIRTHDAY TREATS.

We are happy to recognize student birthdays in other ways, but any food brought in to celebrate will be kept in the school office until a parent can pick it up.

Please refer to <a href="http://snacksafely.com/safe-snack-guide/">http://snacksafely.com/safe-snack-guide/</a> as a guide. Thank you for your support in providing a healthy learning environment for all students.

Some classrooms may have additional allergy modifications and the classroom teacher will notify their families individually.

Sincerely, Mrs. Pritzel